

OCAD U WRITING & LEARNING CENTRE

LEARNING SKILLS

ONLINE APPOINTMENTS

At the Writing & Learning Centre, you can consult with a Learning Skills Specialist for individual consultations. We provide a personalized approach that considers your individual learning style.

Book an appointment for support to:

- Manage study time and daily routines
- Set learning goals
- Prioritize tasks and track deadlines
- Develop academic and research strategies
- Avoid distractions and improve focus
- Reduce and manage stress

All appointments are for undergraduate and graduate students and are conducted online using Microsoft Teams. Book your next appointment by emailing wlc@ocadu.ca or via TutorTrac at <https://wlcbookings.ocadu.ca>